

QP CODE: 106003

Register No. . . . .

**First Professional B.A.M.S (Part II) Degree Supplementary Examinations,  
September 2015**

**ASHTANGA HRIDAYAM**

**Time: 3hours**

**Total Marks: 100**

- Answer all questions
- Draw diagrams wherever necessary

**Essays**

**(2x10=20)**

1. Define chayaprakopaprasama (छायप्रकोपप्रशम) and explain the state of doshas (दोष) according to different rithus (ऋतु). (2+3+5)
2. Explain prakruta, vridha, kshaya laksana (प्राकृत वृद्ध क्षय लक्षण) of vata (वात) and vatopakrama (वातोपक्रम)

**Short notes**

**(10x5=50)**

3. Symptoms of curable disease (साध्यरोगलक्षण).
4. Explain any one vatahara gana (वातहर गण)
5. Explain sapta dhatu (सप्त धातु)
6. Aasraya aasrayee bandha (आश्रयाश्रयीबन्ध)
7. Mahabhuta (महाभूत) of all rasa (रस) and explain madhura rasa guna (मधुर रस गुण) and karma (कर्म)
8. write the gunas of Tridoshas
9. Explain procedure of nasya (नस्य)
10. Explain prabhava (प्रभव) with example
11. Describe types of vata (वात) and explain pranavayu (प्राणवायु)
12. Effect of vyayama (व्यायाम)

**Answer briefly**

**(10x3=30)**

13. Amavisha lakshna and chikitsa (आमविष लक्षण एवं चिकित्स)
14. Types of pitta
15. Difference between shastra (शस्त्र) and yantra (यन्त्र)
16. "Manodoshaoushadamparam" (मनोदोष औषधं परं) Explain
17. Name the sequence of daily regimen
18. Name kshara guna and dosha (क्षार गुण एवं दोष)
19. Types of shaman (शमन)
20. Define sodhana (शोधन)
21. Name kapha samshamana dravya (कफ संशमन द्रव्य)
22. What is vipaka (विपाक)

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